

## **Money Back Guarantee**

Join our Peak Performance Weekly Program and if you do not see results in 6 weeks, we will fully refund your subscription costs\*.

## **Registration Requirement**

When you register, please put “Money Back Guarantee” in the "How Did You Hear About Us" box.

## **Client Agreement**

By participating in the Peak Performance Weekly Program, you agree to:

- Follow the full program as outlined by our coaches.
- Adhere to all instructions provided by our coaching team.
- Share your training graphs and progress with the coaching team.
- Use a Garmin watch and chest strap (or similar device) for accurate performance tracking.
- Complete a MAF time trial at the beginning of the program and repeat it after 6 weeks.
- Participate actively in our private Facebook group for program members.

## **Improvement Metrics**

Paddler improvement may include (but is not limited to):

- Improved MAF Time Trial (TT) performance.
- Increased energy levels.
- Decrease in stress levels.
- Reduction in body weight/fat percentage.
- Enhanced technique efficiency.
- More controlled heart rate during exercise sessions.

## **Refund Details**

\*The refund will be issued for the subscription costs, less any transaction fees incurred during the refund process.

## **Failure to Adhere to Program Conditions**

At Paddle 2 Fitness, we are committed to providing a high-quality and effective Peak Performance Weekly Program to help our clients achieve their fitness goals. It is essential for participants to adhere to the agreed-upon terms and conditions to ensure the success of the program and the attainment of desired results.

Failure to comply with the following program conditions may result in the termination of your participation and eligibility for the Money Back Guarantee:

- 1. Incomplete Program Participation:** If you do not follow the full program as outlined by our coaches, including attending scheduled sessions and completing assigned workouts, it may impact your progress and results.
- 2. Disregard for Coaching Instructions:** Ignoring or not following the instructions provided by our coaching team can hinder your ability to achieve optimal performance and improvements.
- 3. Non-Submission of Training Data:** Failing to share your training graphs and progress with the coaching team prevents us from monitoring your progress accurately and providing tailored guidance.
- 4. Use of Incompatible Tracking Devices:** Not using a Garmin watch and chest strap (or similar device) for accurate performance tracking may affect the reliability and accuracy of your training data.
- 5. Missed Time Trials:** Neglecting to complete the MAF time trial at the beginning of the program and after 6 weeks prevents us from assessing your progress and determining the program's effectiveness.
- 6. Inactive Participation in the Facebook Group:** Not participating actively in our private Facebook group for program members limits your access to valuable resources, support, and community interaction.

It is essential to understand that adherence to these conditions is crucial for experiencing the full benefits of the program and being eligible for the Money Back Guarantee. Our team is here to support and guide you throughout your fitness journey, and we encourage open communication and commitment to your success.